

<b>FRESHMAN – Fall Semester</b>		Hours	<b>FRESHMAN – Spring Semester</b>		Hours
COL 100 College Success	1		BIO 113 General Biology II	4	
ENG 109 College Writing I <u>OR</u> ENG 111 Freshman English*	3		Christian Life Formation Elective	1	
MATH 117 Precalculus (or MATH 119 or MATH 122)	3-4		EHS 111 Concepts of Physical Fitness	2	
Christian Life Formation Elective	1		Foreign Language II	3	
BIO 112 General Biology I	4		HIS general survey course (100/200 level)	3	
Foreign Language I	3		CT 113 Critical Survey of Worldviews	3	
			(ENG 110 College Writing II)*		
<b>TOTAL HOURS</b>	<b>15</b>		<b>TOTAL HOURS</b>	<b>16</b>	
<b>SOPHOMORE – Fall Semester</b>			<b>SOPHOMORE – Spring Semester</b>		
BIB 222 Old Testament Literature & Interpretation	3		BIB 224 New Testament Literature & Interpretation	3	
COMM 111 Intro to Communication	3		Free Elective	3	
EHS Activity (excludes Varsity Sports)	1		Choose <i>ONE</i> of the following: PSY 111, 228, or 334	3	
EHS 200 Care and Prevention of Athletic Injuries	3		<b>MATH 211 Elementary Statistics</b>	<b>3</b>	
BIO 221 Human Anatomy & Physiology I	4		<b>BIO 222 Human Anatomy &amp; Physiology II</b>	<b>4</b>	
<b>TOTAL HOURS</b>	<b>14</b>		<b>TOTAL HOURS</b>	<b>16</b>	
<b>JUNIOR – Fall Semester</b>			<b>JUNIOR – Spring Semester</b>		
ENG 411 Expository Writing	3		Choose <i>ONE</i> of the following: ENG 211, FA 211, FLM 210, MUS 210, or THT 111	3	
Free Electives	2		Free Electives	3	
EHS 342 Structural Kinesiology (BIO 221 is prereq)	3		EHS 320 Exercise Leadership & Prescription (BIO 221 is prereq)	3	
EHS Activity (excludes Varsity Sports)	1		EHS 325 Measurement and Evaluation in PE	3	
EHS 329 Motor Learning	3		PHYS 242 General Physics II**	4	
PHYS 241 General Physics I**	4				
<b>TOTAL HOURS</b>	<b>16</b>		<b>TOTAL HOURS</b>	<b>16</b>	
<b>SENIOR – Fall Semester</b>			<b>SENIOR – Spring Semester</b>		
Free electives	3		Christian Life Formation Elective	1	
EHS 341 Physiology of Exercise (BIO 221 is prereq)	3		PSY elective – 300/400 level	3	
EHS 421 Senior Seminar in EHS	3		EHS Activity (excludes Varsity Sports)	1	
EHS 422 EHS Practicum I	3		EHS 423 EHS Practicum II	3	
CHEM 131 General Chemistry I	4		EHS 420 Admin & Supervision of PE & Sport Prog	3	
			CHEM 132 General Chemistry II	4	
<b>TOTAL HOURS</b>	<b>16</b>		<b>TOTAL HOURS</b>	<b>15</b>	

\*Depending on standardized test scores, students are required to take either ENG 109-110 College Writing I and II (6 credits) OR ENG 111 Freshman English (3 credits). Students who are placed in the ENG 109-110 sequence will need to take ENG 110 in the spring semester of the freshman year.

\*\* Offered alternate years

**This document is to be used for planning purposes only. Please refer to the academic catalog for complete information. Course planning should be completed in consultation with your academic adviser. Not all courses are offered every semester or every year.**