## Minimum Hours: $120 \quad$ Exercise and Health Science (B.S.)

Physical Education Licensure Option (K-12)

| FRESHMAN - Fall Semester | Hours | FRESHMAN - Spring Semester | Hours |
| :---: | :---: | :---: | :---: |
| COL 100 Bryan Gateway Seminar | 1 | BIB 224 New Testament Literature \& Interpretation | 3 |
| CT 113 Critical Survey of Worldviews | 3 | COMM 111 Intro to Communication | 3 |
| ENG 109 College Writing I OR ENG 111 Freshman English* | 3 | EHS 111 Concepts of Physical Fitness | 2 |
| HIS General Survey Course (100/200 level) | 3 | MATH elective (excluding MATH 132) | 3 |
| EDUC 119 Intro to Teaching | 3 | EDUC 224 Human Learning | 3 |
| EHS 149 Foundations of PE \& Sport | 3 | EHS 222 School \& Community Health | 2 |
|  |  | (ENG 110 College Writing II)* |  |
|  |  |  |  |
| TOTAL HOURS | 16 | TOTAL HOURS | 16 |
| SOPHOMORE - Fall Semester |  | SOPHOMORE - Spring Semester |  |
| BIB 222 Old Testament Literature \& Interpretation | 3 | BIO 210 Introduction to Anatomy \& Physiology | 4 |
| PSY 330 Life-Span Development | 3 | EDUC 226 Classroom Management | 2 |
| Christian Studies Elective (BIB/CM/CT/PHIL) | 3 | EDUC 324 Exceptional Children | 2 |
| EHS 229 Intro to Sports Coaching | 3 | EDUC 325 Measurement \& Evaluation in PE | 3 |
| EHS 331 Teaching Team Sports | 3 | EHS 328 Teaching Elementary Physical Education | 3 |
|  |  | EHS 221 Safety Education \& First Aid | 2 |
|  |  |  |  |
| TOTAL HOURS | 15 | TOTAL HOURS | 16 |
| JUNIOR - Fall Semester |  | JUNIOR - Spring Semester |  |
| BIO 220 Introduction to Nutrition | 3 | EDUC 311 Instructional Technology | 3 |
| EDUC 340 Curriculum Design | 2 | EDUC 338 Universal Teaching Methods | 3 |
| EHS 329 Motor Learning | 3 | EHS 332 Teaching Individual Sports | 3 |
| EHS 341 Physiology of Exercise (BIO 210 is prereq) | 3 | EHS 334 Adapted Physical Education | 3 |
| EHS 342 Structural Kinesiology (BIO 210 is prereq) | 3 | EHS 420 Admin \& Supervision of PE \& Sport Programs | 3 |
|  |  |  |  |
| TOTAL HOURS | 14 | TOTAL HOURS | 15 |
| SENIOR - Fall Semester |  | SENIOR - Spring Semester |  |
| EDUC 440 Education Capstone | 2 | Choose ONE of the following: ECFN 100/200, PSGS 221, 226, 315, SS 211 or foreign language | 3 |
| EDUC 443 Observation \& Student Teaching | 12 | Christian Studies Elective (BIB/CM/CT/PHIL/GRK/HEB) | 3 |
|  |  | Choose ONE of the following: <br> ENG 100/200, FA 211, FLM 210, MUS 100/200, or THT 100/200 (excludes ENG 245 , lessons, ensembles, practicums) | 3 |
|  |  | EHS 200 Care \& Prevention of Athletic Injuries | 3 |
|  |  | EDUC 420 Philosophy of Education | 2 |
|  |  |  |  |
| TOTAL HOURS | 14 | TOTAL HOURS | 14 |

*Depending on standardized test scores, students are required to take either ENG 109-110 College Writing I and II (6 credits) OR ENG 111 Freshman English (3 credits). Students who are placed in the ENG 109-110 sequence will need to take ENG 110 in the spring semester of the freshman year.

This document is to be used for planning purposes only. Please refer to the academic catalog for complete information. Course planning should be completed in consultation with your academic adviser. Not all courses are offered every semester or every year.

