Minimum Hours: 120 Exercise & Health Science (B.S.) Pre-Therapy/Allied Health Option

2020-2021 Catalog

FRESHMAN – Fall Semester	Hours	FRESHMAN – Spring Semester	Hours
COL 100 Bryan Gateway Seminar	1	Christian Studies Elective (BIB/CM/CT/PHIL)	3
CT 113 Critical Survey of Worldviews	3	HIS General Survey Course (100/200 level)	3
ENG 109 College Writing I OR ENG 111 Freshman English*	3	BIO 211 Principles of Biology	4
MATH 117 Precalculus (or MATH 119, 122)	3	EHS 111 Concepts of Physical Fitness	2
BIO 111 Introduction to Biology w/Lab	3/1	EHS 221 Safety Education & First Aid	2
		(ENG 110 College Writing II)*	
TOTAL HOURS	14	TOTAL HOURS	14
SOPHOMORE – Fall Semester		SOPHOMORE – Spring Semester	
BIB 222 Old Testament Literature & Interpretation	3	BIB 224 New Testament Literature & Interpretation	3
COMM 111 Intro to Communication	3	Choose ONE of the following: ECFN 100/200, PSGS 221, 226, 315, SS 211 or foreign language	3
BIO 221 Human Anatomy & Physiology I	4	Choose ONE of the following: PSY 111, 228, 330, or 334	3
EHS Activity***	1	BIO 222 Human Anatomy & Physiology II	4
EHS 200 Care and Prevention of Athletic Injuries	3	MATH 211 Elementary Statistics	3
TOTAL HOURS	14	TOTAL HOURS	16
JUNIOR – Fall Semester		JUNIOR – Spring Semester	
Free Electives	3	Choose <i>ONE</i> of the following: ENG 100/200, FA 211, FLM 210, MUS 100/200, or THT 100/200 (excludes ENG 245, lessons, ensembles, practicums)	3
BIO 430 Medical Terminology	1	Free Electives	3
EHS Activity***	1	EHS 320 Exercise Leadership & Prescription (BIO 221 is prereq)	3
EHS 329 Motor Learning	3	EHS 325 Measurement and Evaluation in PE	3
EHS 342 Structural Kinesiology (BIO 221 is prereq)	3	PHYS 242 General Physics II**	4
PHYS 241 General Physics I**	4		
TOTAL HOURS	15	TOTAL HOURS	16
SENIOR – Fall Semester		SENIOR – Spring Semester	
Free Elective	1	Christian Studies Elective (BIB/CM/CT/PHIL/GRK/HEB)	3
CHEM 131 General Chemistry I	4	CHEM 132 General Chemistry II	4
EHS Activity***	1	EHS 420 Admin & Supervision of PE & Sport Programs	3
EHS 341 Physiology of Exercise (BIO 221 is prereq)	3	EHS 423 EHS Practicum II	3
EHS 421 Senior Seminar in EHS	3	PSY Elective (300/400 level)	3
EHS 422 EHS Practicum I	3		
TOTAL HOURS	15	TOTAL HOURS	16
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^{*}Depending on standardized test scores, students are required to take either ENG 109-110 College Writing I and II (6 credits) OR ENG 111 Freshman English (3 credits). Students who are placed in the ENG 109-110 sequence will need to take ENG 110 in the spring semester of the freshman year.

This document is to be used for planning purposes only. Please refer to the academic catalog for complete information. Course planning should be completed in consultation with your academic adviser. Not all courses are offered every semester or every year.

^{**} Offered alternate years

^{***} Varsity Sport can be used for one EHS Activity